



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

AUXILIARY

**February 25th-
April 22nd 2023**

Subject to change

Updated: 01/16/2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-9:00am Open Gym	8:00-10:00am Open Gym	8:00-10:30 Open Gym	8:00-9:30am Open Gym	8:00-9:30am Open Gym	7:00-12noon Open Gym	
9:30-10:15am AOA Fitness	10:00-11:00am AOA Yoga	10:30-11:30pm AOA Fitness	9:30-10:15 AOA Yoga	9:30-12:00pm Open Gym		
12:00-4:00pm Open Gym	12:00-1:00 Gym closed for cleaning 1:00-3:30pm Open Gym	12:30-3:30pm Open Gym	12:00-5:00pm Open Gym	12:00-3:30pm Open Gym	12-2:00pm Open Gym	
4:00-4:45pm Team Basketball	3:30-6:30pm Open gym	3:30-7:00pm Open gym	3:30-7:00pm Open gym	3:30-5:30pm Open gym		
5:00-5:45pm Off Season Athletes						
6:30-9:00pm Volleyball	6:30-9:00pm Volleyball	6:30-9:00pm Volleyball	7:00-9:00pm Volleyball	5:30-9:00 pm Open Gym		

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