



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WINTER SPLASH



## WINTER BREAK POOL EVENTS

### PARENT & CHILD POOL PLAY DATE

Get together with other parents and children for 45 minutes of songs, games, and free play. A parent must be in the water with each child.

Ages 6 months to 3 years  
Tue, Dec 28 9:30 AM to 10:15 AM

Ages 3 to 5 years  
Thu, Dec 30 9:30 AM to 10:15 AM

Members FREE  
Non Members \$8 per parent/child

### SWIM SAFETY HOUR

Ages 5 to 12 years. Join us one day or all 4 this week for a one-hour program focusing on safety and fun at the pool. We will start with a 15 minute safety lesson, followed by 30 minutes of free swim, and a short snack break at the end. \*Children will be required to pass a swim test or wear a lifejacket during free swim.

"Know Before You Go" (Basic swim safety)  
Mon, Dec 27 1:30 PM to 2:30 PM

"Look Before You Leap" (Safe jumping and diving)  
Tue, Dec 28 1:30 PM to 2:30 PM

"Don't Just Pack It, Wear It" (Proper Lifejacket use)  
Wed, Dec 29 1:30 PM to 2:30 PM

"Reach or Throw, Don't Go" (Poolside rescues)  
Thu, Dec 30 1:30 PM to 2:30 PM

Members \$5 per day  
Non Members \$8 per day

### LIFEGUARD FOR A DAY

Ages 11 to 14 years. Do you have what it takes to be a lifeguard? Learn some of the skills that lifeguards use every day to keep swimmers safe. We will try retrieving a brick in shallow water, learn entries and basic rescues, and learn some basic first aid. Includes snack and t-shirt.

Wed, Dec 29 9 AM to 1 PM

Member \$60  
Non Member \$75

### TEEN POOL PARTY

Ages 12 to 18 years. Our DJ will be playing all your favorite music while you and your friends get to swim one last time before the year ends! (Non-members MUST have a parent come in to sign a waiver)

Thu, Dec 30 6:30 PM to 7:30 PM

Member FREE  
Non Member \$12

**Must pre-register online or in person for all winter break events. Find all of our winter events online under programs—community engagement.**

Questions: contact Marleah at [marleahkares@gv-ymca.org](mailto:marleahkares@gv-ymca.org)