



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

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Job Title	PERSONAL TRAINER
Department	Healthy Living
Reports To	Healthy Lifestyles Director
Job Description	<p>Personal Trainers will interact with new and existing members to help them in achieving their health and well-being goals by administering fitness assessments and developing personalized exercise programs. Responsible for monitoring and maintaining an inviting, clean and safe environment for participants of the Wellness Center, while assisting members with exercise technique and conducting orientation sessions. Personal Trainers will create a welcoming environment for all members of all backgrounds and abilities. Option to teach group fitness classes, if desired.</p>
Location	Slate Belt Branch - Pen Argyl, PA
Hours Per Week	Varies
Status	Part-Time
Educational Requirements or Experience Required	<ol style="list-style-type: none"> 1. High school graduate or equivalent preferred. 2. CPR, First Aid, AED certifications; Bloodborne Pathogens and Child Abuse Prevention training within 30 days of hire date. 3. Personal Trainer certification from a nationally recognized organization (ACSM, ACE, NSCA, or equivalent). 4. Previous experience with diverse populations preferred.
Respond To	<p>Please email Greater Valley YMCA <u>Employment Application</u> to: lauramiller@gv-ymca.org or submit to the Welcome Center</p>
Date Posted	06/21/2018

Equal Opportunity Employer

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