

# FREE MEALS

 FREE FOOD for kids 18 and under! NO ID NECESSARY



## NOURISHING OUR NEIGHBORS

### IN THE LEHIGH VALLEY

**The Y recognizes that food insecurity is on the rise in our community. We are here to support the nourishment of our neighbors by providing free, nutritious meals to local children and families each week.**



**GREATER VALLEY YMCA** Learn more: [gv-ymca.org/](http://gv-ymca.org/)