



YOUTH SPORTS & PROGRAMS



**SPRING I
SESSION**



Mar 2 to Apr 26

GREATER VALLEY YMCA, EASTON/P'BURG BRANCH

gv-ymca.org



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SPRING I SESSION



Mar 2 to Apr 26

**REGISTER ONLINE
or at the Welcome Center**

REGISTRATION OPEN

Member	Feb 10
Non Member	Feb 17

We believe every child has potential, and we're here to nurture that potential. From youth sports to academic support to leadership development, the Y helps bring out the best in kids, and they keep surprising us with all they can do.

TINY TEAM MATES

Ages 3 to 5 years. A great class to introduce children to a variety of sports including: Basketball, T-ball, Soccer, and more.

Tuesday 6 PM to 6:45 PM

Member \$48
Non Member \$96

NERF ACADEMY

Ages 3 to 5 years. Gym will be transformed into an arena for the kids to battle and play fun competitive games.

Friday 5 PM to 5:45 PM

Member \$48
Non Member \$96

TINY RUNNERS

Ages 3 to 7 years. A program developed for kids to be active, learn how to move their bodies, and develop active habits which can last a lifetime.

Thursday 6 PM to 6:45 PM

Member \$48
Non Member \$96

YOUTH INSTRUCTIONAL BASKETBALL

Ages 4 to 6 years. Learn fundamental skill development, sportsmanship and socialization between players, coaches, and parents.

Sunday 12 PM to 12:45 PM

Member \$42
Non Member \$84 *No Class April 12

NINJA GYMNASTICS

Ages 4 to 6 years. Learn how to roll, jump and tumble through fun and challenging obstacle courses. Shorts, t-shirt and bare feet.

Monday 6 PM to 6:45 PM

Member \$48
Non Member \$96

CARD CAMP

Ages 8 to 14 years. Match wits with your friends in a casual gaming environment! If doing battle with spells and monsters sounds like fun, then card club is for you. Focus on Magic: The Gathering, but other card games will be included if interest arises. Please come to play, not to trade.

Monday 6:15 PM to 8:15 PM

7GI Member Free
Member \$48
Non Member \$96

NERF CLUB

Ages 6 to 13 years. Gym will be transformed into an arena for the kids to battle and play fun competitive games.

Friday
6 PM to 6:45 PM - Ages 6 to 9
7 PM to 7:45 PM - Ages 10 to 13

Member \$48
Non Member \$96

**COMMUNITY ENGAGEMENT
PROJECTS/CAREER GROWTH ACTIVITIES**

Ages 11 to 13 years. Volunteer opportunities offered daily for tweens! Participate in the 7GI program and get involved in special events, fundraisers, volunteer projects and activities that will prepare you for the future!

Mon to Fri 4:30 PM to 5 PM

7GI Member Free
Member Free

OPEN SWIM

Ages 12 years and older. Come and swim! Laps, lessons or just float! Kids 12 and up are able to swim without an adult once they pass a swim test! Swim test offered

Monday 4:30 PM to 7 PM
Thursday 4:30 PM to 7 PM
Friday 3 PM to 6 PM

PARENT/CHILD KARATE

Ages 9 years and older with accompanied adults. Karate for all ages. Emphasizes all the benefits of martial arts, including stress reduction, confidence building and self-defense. An experience made to build relationships.

Monday 5:30 PM to 6:30 PM

Member \$48
Non Member \$96

CO-ED BASKETBALL TRAINING

Ages 7 to 13 years. Age-appropriate group basketball training designed to enhance player's skills, knowledge of the game and develop for the upcoming season.

Wednesday
6 PM to 7 PM - Ages 7 to 9
7 PM to 8 PM - Ages 10 to 13

Member \$48
Non Member \$96

FOUR WEEK INDOOR SOCCER

Ages 3 to 12. Get Ready, Get Set for our Outdoor Soccer! Join this 4-week indoor soccer program and get warmed up for our outdoor soccer season beginning April 4!

Saturday

1 PM to 1:45 PM - Ages 3 to 4
2 PM to 2:45 PM - Ages 5 to 7
3 PM to 3:45 PM - Ages 8 to 12

Member \$24
Non Member \$48

PRIVATE BASKETBALL TRAINING

Ages 7 and older. (By Appointment) Private Basketball training now available with Coach Luis to provide hands on, one-on-one, instruction to develop individual basketball skills. Join this program and raise your game to the next level. Contact Fred Jennings at fredjennings@gv-ymca.org.

	Member	Non Member
30 Min - 1 Session	\$25	\$40
1 Hour - 1 Session	\$40	\$60
1 Hour - 3 Sessions	\$120	N/A
1 Hour - 6 Sessions	\$200	N/A
1 Hour - 12 Sessions	\$400	N/A

YOUTH SPRING SOCCER LEAGUE

Ages 3 to 12 years. Boys and girls in our recreation soccer program learn skill development, good sportsmanship, and team tactics, in low competition, fun environment. Practices are held on weeknights as determined by coaches. Team t-shirts and equipment are provided. Shin guards are mandatory (must provide own). Volunteers are needed to coach or be team parent.

Practices and games are held at Stockertown Soccer fields

Saturday Games April 4 to May 23
9 AM to 2 PM

	Before 3/13	After 3/13
Member	\$53	\$65
Non Member	\$105	\$118

Coaches meeting - Thursday, March 26, 7 PM at the Easton Branch Lobby

FINANCIAL ASSISTANCE AVAILABLE TO THOSE THAT QUALIFY