



ADULT SPORTS & PROGRAMS



SPRING SESSIONS



Spring I
Mar 4 to Apr 28

GREATER VALLEY YMCA, EASTON BRANCH

gv-ymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPRING SESSIONS



Spring I
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REGISTER ONLINE
or at the Welcome Center



At the Y, sports and recreational activities are something special. Friendly competition, lots of variety and a supportive environment means team sports and recreation is fun again, and it makes for a healthier lifestyle and a good story or two.

FENCING CLASS

Ages 14 years and older. Learn the art of fencing! The Thursday class offers a place for new and experienced fencers to practice form. Learn to focus the mind, tone your body, and practice coordination. Wear athletic, long pants and sneakers. Other equipment will be provided. Class meets in the Program Studio.

Thursday 7 PM to 8:30 PM

Member Free
Non Member \$96

FENCING CLUB

Ages 18 years and older. Advanced fencers. Participants bring their own equipment. Class meets in the Program Studio.

Saturday 11:15 AM to 2 PM

Member Free
Non Member \$96

PICKLEBALL

Ages 18 years and older. Racquet sport that combines tennis, table tennis and badminton. Socialize, have fun and get fit! Meet in the gymnasium.

Mon, Wed, Fri 9 AM to 11:30 AM

Member Use included with Membership
Non Member Daily Pass Fee

RACQUETBALL

Ages 18 years and older. Improve fitness, mobility and coordination, while engaging in some healthy competition! Court reservations are recommended.

Daily During Facility Hours

Member Use included with Membership
Non Member Daily Pass Fee

OPEN GYM

Ages 12 years and older. Free-play is available daily during facility hours when the gym is not in use for pre-scheduled programming activities. Check availability at the Welcome Center.

Daily During Facility Hours

Member Use included with Membership
Non Member Daily Pass Fee

INDOOR TRACK

All Ages. Enjoy walking and/or running on our indoor track located above the gymnasium.

Daily During Facility Hours

Member Use included with Membership
Non Member Daily Pass Fee



FINANCIAL ASSISTANCE AVAILABLE TO THOSE THAT QUALIFY