



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

HEALTHY LIVING

Pool Schedule Allentown Branch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12P – 4:30P Lap Swim Family Swim 3 Lap Lanes	5:30A-9:30A Lap Swim 5 Lap Lanes	5:30A-9:00A Masters Lap Swim 5 Lap Lanes	5:30A-9:30A Lap Swim 5 Lap Lanes	5:30A-9:30A Masters Lap Swim 5 Lap Lanes	5:30A-9:15A Lap Swim 5 Lap Lanes	7:00A-9:00A Masters/Lap Swim 5 Lap Lanes
	9:30A-10:15A Silver Splash 1 Lap Lane	9:30A-10:15A Aqua Zumba Gold 1 Lap Lanes	9:30A-10:15A Silver Splash 1 Lap Lane	9:30A- 10:15A Aqua Zumba Gold 1 Lap Lane	9:15A-10:00A Social Splash 1 Lap Lane	9:00A-12:45P Baby Group Lessons 2 Lap Lanes
	10:30-11:15A Top of the Hill 1 Lap Lane	10:30-11:15A Silver Splash 1 Lap Lane	10:30-11:15A Top of the Hill 1 Lap Lane	10:30-11:15A Silver Splash 1 Lap Lane	10:30-11:15A Top of the Hill 1 Lap Lane	1:00P-3:00P Pool Parties 2 Lap Lanes
	11:15A-12P Aqua Aerobics 1 Lap Lane	11:30A-11:45A Swim Lessons 1 Lap Lane	11:15-11:45A Deep H2O 1 Lap Lane	11:15-12:00A Deep H2O 1 Lap Lane	11:15-11:45A Aqua Deep 1 Lap Lane	3:00P-4:30P Family Swim 3 Lap Lanes
	12P - 5:00P Family Swim 3 Lap Lanes	12:00P - 5:00P Family Swim 3 Lap Lanes	12P -5:00P Family Swim 3 Lap Lanes	12:00P-5:00P Family Swim 3 Lap Lanes	12:00P -5:00P Family Swim 2 Lap Lanes	
	5:00P -8:00P Group Swim Lessons 2 Lap Lanes	5:00P -8:00P Private Swim Lessons 2 Lap Lanes	5:00P -8:00P Group Swim Lessons 2 Lap Lanes	5:00P -8:00P Group Swim Lessons 2 Lap Lanes	5:00P -8:00P Private Swim Lessons 3 Lap Lanes	
	7P – 8:15P Aqua Zumba 1 Lap lanes	7:30P - 8:30P Adult Group Lessons 2 Lap Lanes	7:00P- 8:15P Dr. Jill 1 Lap Lane		Alternating Fridays 7:30P – 930P Dive In Movies No Lap Lanes	
	8:15P-9:00P Open Swim 3 Lap Lanes	8:30P-9:00P Open Swim 3 Lap Lanes	8:15p-9:00p Open Swim 3 Lap Lanes	8:00p-9:00p Open Swim 3 Lap Lanes	8:00p-9:00p Open Swim 3 Lap Lanes	

POOL SCHEDULE IS SUBJECT TO CHANGE

THIS SCHEDULE IS EFFECTIVE January 4, 2019