



YOUTH SPORTS & PROGRAMS



**SPRING I
SESSION**



Mar 2 to Apr 26

GREATER VALLEY YMCA, ALLENTOWN BRANCH

gv-ymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

We believe every child has potential, and we're here to nurture that potential. From youth sports to academic support to leadership development, the Y helps bring out the best in kids, and they keep surprising us with all they can do.

SPRING I SESSION 

Mar 2 to Apr 26

REGISTER ONLINE
or at the Welcome Center



HIP HOP

Ages 6 to 12 years. Let's learn the latest hip hop moves, make friends and dance to great music. Our experienced instructors will make Hip Hop fun and exciting!

Friday 6-8 yrs	6 PM to 6:45 PM
Friday 9-12 yrs	7 PM to 7:45 PM
Member	\$48
Non Member	\$96

ACRO DANCE

Ages 6 & 7 years. Level up from Ninja Gymnastics. For your gymnast who also likes to dance Acro is a combination of beginner dance and gymnastics.

Thursday	7 PM to 7:45 PM
Member	\$48
Non Member	\$96

NINJA GYMNASTICS

Ages 4 & 5 years. Learn forward, backward and straddle rolls along with other pre-gymnastics skills in an obstacle course setting.

Thursday	6 PM to 6:45 PM
Member	\$48
Non Member	\$96

PRINCESS BALLET

Ages 3 to 5 years. Learn beginner ballet steps and combinations while learning about famous princesses!

Saturday	9 AM to 9:45 AM
Member	\$48
Non Member	\$96

BALLET & JAZZ

Ages 6 to 8 years. Focus on beginner ballet and jazz technique, our experienced instructors will teach your child the coordination and balance necessary to have fun while learning ballet and jazz skills.

Saturday	10 AM to 10:45 AM
Member	\$48
Non Member	\$96

LITTLE DRIBBLERS

Ages 3 & 4 years. Bring out the NBA player in your child. Focus on socialization and character development using fun interacting activities while introducing basic basketball skills. Parents will be interacting with their children during this class. Children receive a Y t-shirt!

Saturday	9 AM to 9:30 AM
Member	\$36
Non Member	\$72

YOUTH BASKETBALL LEAGUE (YBL)

Ages 5 to 12 years. This league is a follow up to our winter class. Season incorporates skill building and games during each class. Classes will focus on fundamental skill improvement, fitness and teamwork. Age groups are as follows: 5 & 6; 7 & 8; 9 to 12. Each child receives a Y t-shirt.

Saturday	Call for times
Member	\$48
Non Member	\$96

KARATE

Ages 5 to 17 years. Socialize and make friends while helping build your self confidence, self control and self respect. Karate promotes discipline, physical fitness and weight management. Sensei holds a 5th degree in Kenpo.

Monthly Classes
Monday/Wednesday/Thursday

Ages 5 to 11	6 PM to 7 PM
Ages 12 to 17	7 PM to 8:30 PM
Member	\$75
Non Member	\$85

7TH GRADE INITIATIVE PROGRAM

Inspire youth to discover their passions, develop healthy lifestyles, and gain the assets needed to avoid risky behaviors and succeed in school and life. This FREE Y program is available to all students in 7th Grade within the Bethlehem Area School District. To sign up bring valid school id, and parent to complete all paperwork.

REGISTRATION OPEN

Member	Feb 10
Non Member	Feb 17



FINANCIAL ASSISTANCE AVAILABLE TO THOSE THAT QUALIFY